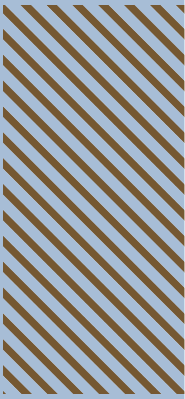




STAR

SHANGRI-LA THERAPEUTIC ACADEMY OF RIDING



Annual Report | 2024



"STAR is an extension of our village, and I can't imagine Madison not being a part of this amazing organization. I am truly grateful we are a part of it." — Participant Parent

2024 Year in Review

Shangri-La Therapeutic Academy of Riding continues to grow through 2024, serving more than 1,600 participants through **Therapeutic Riding, Heroes & Horses, Minis in Motion, Changing STRIDES**, and **Reflections** programs. In 2024, we had:



1,639
Total Individuals Served

6,505
Hours of Equine Assisted Services



378
Total Volunteers for the Year

15,996
Hours of Volunteer Help at STAR
That's nearly 2,000 eight-hour work days!



Thanks to your continued support, STAR was able to touch individuals across the East Tennessee region. We served participants from more than a dozen different counties, and each individual represents a story of empowerment, resilience, and #HealingThroughHorses. Here are couple of our favorite 2024 #MissionMoments:

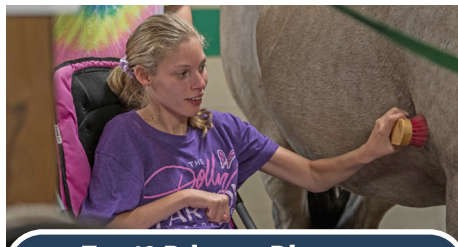
"Alaina has had a hard time finding something she truly loves and that makes her feel like she is achieving something. STAR has done that for her. The first couple sessions at STAR, I had to hide my face because I was crying happy tears. To see her on her horse, smiling ear to ear and excited, was heartwarming...At school, sometimes it's hard, because I know she feels different than the other children. Not at STAR. She's at home, and she feels accepted and like she is excelling at something." - Participant's Mother

"Brian has had a very difficult time this year participating in and being a part of family social gatherings. When asked to join in, the answer was always, "I'm ok," or it would be a struggle to get him in the car...Now, he wants to go, and join in and be a part of the fun, not just stay home... It's like he has discovered a new world filled with the possibility of adventure [at STAR]." - Participant's Mother

Thank you for making STAR's numerous #MissionMoments possible!

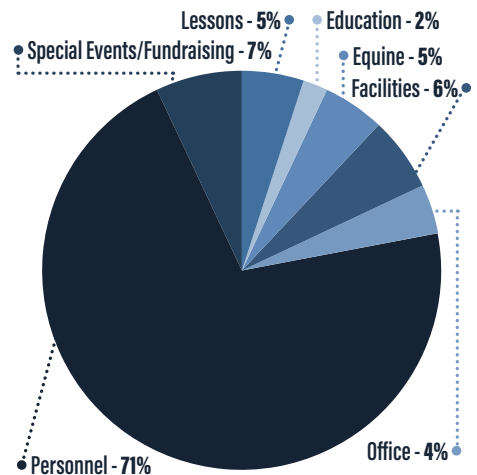


Learn More About
STAR
www.rideatstar.org

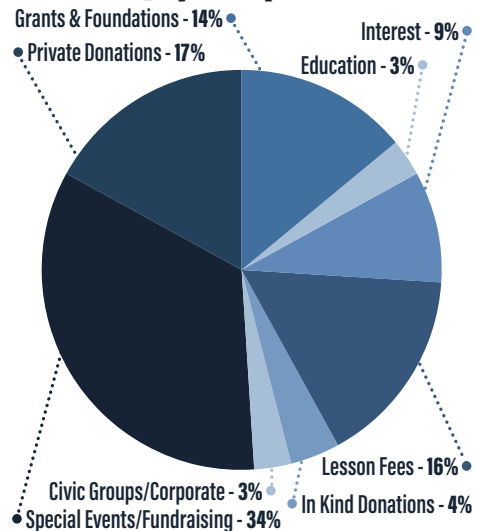


Top 10 Primary Diagnoses of all Participants*
Autism
Post-Traumatic Stress Disorder (PTSD)
Down Syndrome
Cerebral Palsy
At Risk
Addiction
Alzheimer's
Developmental Delay
Anxiety
Attention Deficit Disorder (ADD)

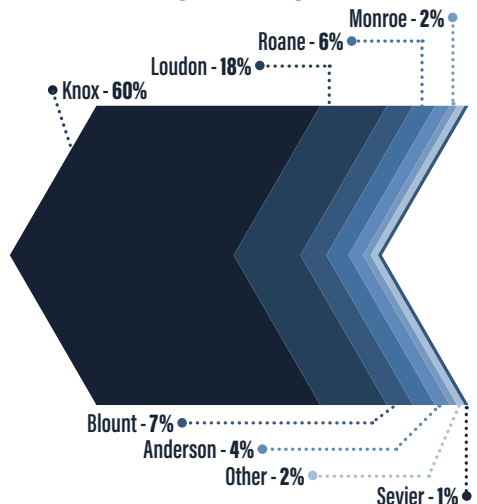
Operating Expenses: \$1,174,578



Sources of Operating Funds: \$1,297,551



Program Participants* by County:



*Excluding Minis in Motion and Field Trips