

# 2022 ANNUAL REPORT

STAR shined bright as we delivered services to children and adults with physical, neurological and mental disabilities, youth and women considered at-risk, veterans with physical issues and/or PTSD and seniors with Alzheimer's or dementia. We accomplished this through our Changing STRIDES, Equine-assisted learning, Heroes & Horses, Mini's in Motion, Reflections, Stable Friends and Therapeutic Riding programs.

Our **452** volunteers provided a total of **15,221** hours of service with **34** equines, and **20** staff to empower **1,522** individuals from our community to be stronger in mind, body, and spirit. The Minis in Motion program engaged **744** people during their visits to memory care facilities and school programs.

## BOARD OF DIRECTORS

Lynn Kilmas Petr  
 Shawn Snyder  
 Amanda Hara  
 Bill Thompson  
 Brandi Salyers  
 Christina Clayton Sullivan  
 Chuck Mabe  
 Gavin Baker  
 John Parker  
 Kristine Nicholson  
 Michelle Hardin  
 Panagiotis "Pat" Tzerefos  
 Paul Nichols  
 Sarah Lightner  
 Scott Cushing  
 Tiffany Ogle  
 Tim Hinson

## KEY STAFF MEMBERS

EXECUTIVE DIRECTOR  
 Lynn Kilmas Petr  
 DEVELOPMENT DIRECTOR  
 Shawn Snyder  
 DIRECTOR OF OPERATIONS  
 Kristen Sanders  
 PROGRAM DIRECTOR  
 Brittany Ferrell  
 DIRECTOR OF SERVICES  
 Chelsea Taylor

## TR PARTICIPANT PRIMARY DIAGNOSIS

Autism	44
Attention Deficit Disorder	18
Down Syndrome	18
Developmental Delay	15
Cerebral Palsy	14
Intellectual Disability	13
Sensory Processing Disorder	5
Seizure Disorder/Epilepsy	4
Deaf/Visual Impairment	4
Anxiety/Depression	3
Multiple Sclerosis	3

## YEAR IN REVIEW

**\$1.M**  
 Raised  
**5,397**  
 Hours of Equine Assisted  
 Services Provided  
**1,522**  
 Individuals Served

## PARTICIPANT BY COUNTY

Anderson - 12  
 Blount - 56  
 Knox - 160  
 Loudon - 72  
 McMinn - 1  
 Monroe - 1  
 Other/Not Specified - 22  
 Roane - 15  
 Sevier - 6



**PREMIER ACCREDITED  
 CENTER**

## 2022 HIGHLIGHTS

### Record Breaking Fundraisers

Thanks to our community's incredible generosity, in 2022 we raised over \$325K at our two major fundraising events, Bridles & Blue Jeans and Songwriters in the Round.

### Therapeutic Riding

In 2022 the Therapeutic Riding program served 169 participants, including an exciting 66 brand new riders.

### Reflections

In 2022 the Reflection program, which serves individuals with early and middle-stage Alzheimer's and their caregivers, grew 32%.

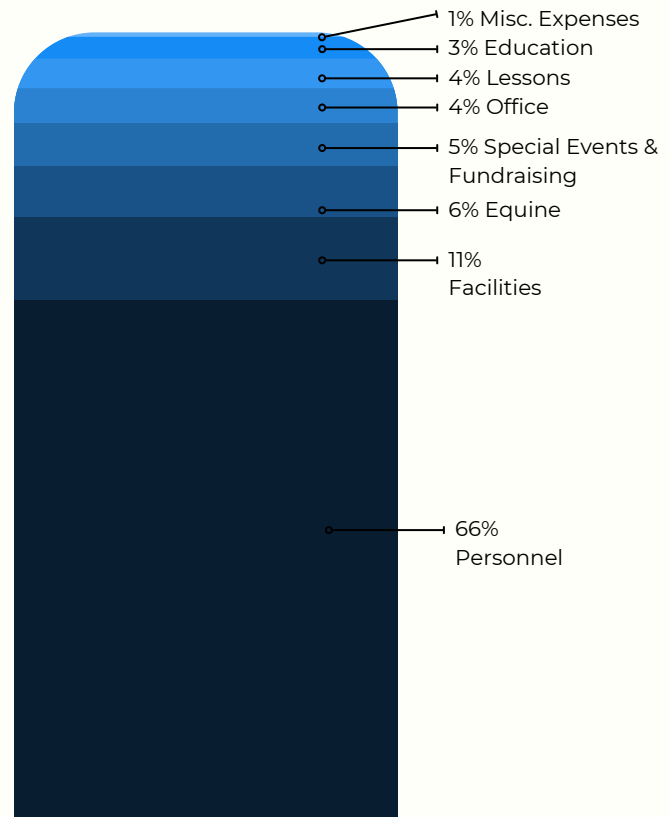
### We've Got Hay

We were able to put up 2,325 bales of hay, which equated to a savings of over \$18K. All while providing our horses with quality and nutritious forage.

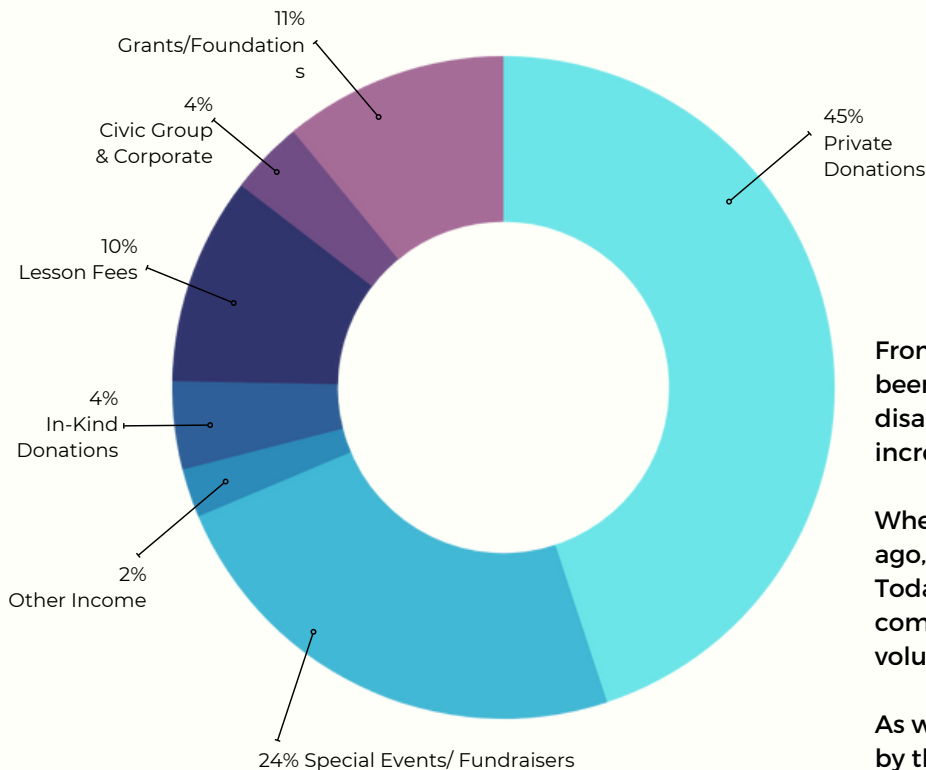
### Helping Our Heroes

We are making great strides in our Heroes & Horses program. In 2022 the program grew by 36% and we hope to grow it even more in the future.

## 2022 OPERATING EXPENSES



## 2022 SOURCES OF OPERATING FUNDS



## LOOKING AHEAD

From the beginning, our mission has been to touch as many individuals with disabilities as we can through the incredible healing power of horses.

When we set out on this journey 35 years ago, we were able to serve five riders. Today, thanks to our incredible community of generous donors and volunteers, that number is now 1,298.

As we look to the future, we are excited by the prospect of providing individuals with more options for equine-assisted services with the growth of our programs.