

# Unique Horse Lecture Series

## Benefits Lenoir City's Shangra-La Therapeutic Academy of Riding (STAR)

The Power of a Whisper Lecture Series, a unique equine event that combines classroom settings, power point presentations and arena demonstration, will be held:

9:00 a.m. - 4:00 p.m.  
Saturday, May 24  
Shangra-La Therapeutic Academy of Riding (STAR)  
Lenoir City, TN

Partial proceeds benefit STAR

Noted equine clinicians Lisa Wysocky and Sam Powell will lead the Power of a Whisper and will discuss horse topics such as:

Equine mental and physical behavior  
The importance of desensitization  
Health, nutrition and conformation  
Ground manners and ground work  
Common sense horsemanship  
How you affect your horse's performance  
Leadership with your horse and in life

The clinic is suitable for horse enthusiasts of all ages, disciplines, and levels of experience, and will include ample time for participants to ask questions of the clinicians. **Sam and Lisa recently presented this same program to mounted police units from across the country.**

Lisa Wysocky is an award-winning author of several books, including *My Horse, My Partner; Teamwork on the Ground*. She is a NARHA (North American Riding for the Handicapped) registered instructor and was recently named by ARIA (American Riding Instructor's Association) as one of the Top 50 riding instructors in the nation. Wysocky currently trains horses for use in therapeutic riding programs and consults nationwide with therapeutic riding programs on their horse herds. She is also a motivational speaker who teaches corporate and association audiences about inner success.

Sam Powell's clients include country superstars Reba McEntire and Tanya Tucker, the Nashville Police Department, and universities and stables throughout America. His background includes readings in Zen and countless days spent observing herds in the wild. By age sixteen he was riding bulls and traveling far from home, to Cheyenne's

Frontier Days and the Calgary Stampede, before leaving that world for steadier employment on ranches, culminating in a 22-year run as equine manager at the famous Mullendore Cross Bell Ranch in Oklahoma. He currently trains out of his ranch in Shelbyville, Tennessee.

Lisa and Sam will have informative horse books and DVDs for sale at the event.

STAR is 501(c)3 non-profit and provides recreational and therapeutic activities with horses to children and adults with physical, mental and neurological disabilities. The program serves individuals from Anderson, Blount, Campbell, Claiborne, Jefferson, Knox, Loudon, McMinn, Roane, and Sevier counties.

STAR's recreational and therapeutic program is invaluable for people with disabilities who cannot participate in conventional sports. Here, balance, coordination and muscle tone improve through exercises done on horseback. Psychological benefits include increased independence, motivation and self-control, and vocabulary development and sequential learning contribute to cognitive gains. Self-esteem also soars as riders learn to control their mounts.

The \$35 clinic fee includes lunch. Space is limited, so please pre-register or RSVP to:

STAR  
11800 Highway 11E  
Lenoir City, TN 37772  
865-988-4711 / 865-988-4712 fax  
Lynn Petr, Executive Director  
execdir@rideatstar.org

## **WE LOOK FORWARD TO SEEING YOU MAY 24th**

**For more information please visit:**

<http://www.LisaWysocky.com>  
<http://www.AskSamPowell.com>  
<http://www.PowerofaWhisper.com>  
<http://www.rideatstar.org>

**DIRECTIONS TO STAR:**

11800 Highway 11E, Lenoir City, TN 37772 (865) 988-4711

**From I-40 West** Take the Watt Rd. Exit (exit after Campbell Station and before I-40/I-75 split). Turn left on Watt Rd. and follow it to Kingston Pike. Turn right on Kingston Pike and get immediately into to left lane. Take the left split going toward Lenoir City this is Hwy. 11E. STAR is 2 miles on the left. Look for the STAR sign and the big barn on the hill.

**From I-75** {can take interstate to Watt Road, turn right and follow top directions} or Take the Lenoir City Exit (Exit 81). Turn right on to Highway 321 if coming from I-75 South Take Highway 321 until it intersects with Highway 11E (near Dairy Queen and TVA entrance to dam). Turn left on to Highway 11E. STAR is about 3 miles on the right (just past caution light at Muddy Creek Road). Look for the STAR sign and the big barn on the hill.

**From Maryville** Take Pellissippi Parkway to I-40 West (follow above directions) or take Hwy. 321 to Lenoir City. Turn right at the light by the Dairy Queen. STAR is about 3 miles on the right.