



**Shangri-La Therapeutic Academy of Riding
STAR provides horse related activities for people with disabilities.**

Volunteer at STAR!

What: Volunteer Training

When: Monday, June 9, 5:30 p.m. - 9:30 p.m.

**Where: STAR is two miles on the left, west
from Dixie Lee junction on Hwy. 11.**

Requirements:

- **Volunteer a minimum of 1 ¼ hours each week at the same day & time**
- **Must be at least 13 years old to assist directly with classes.**
- **Horse experience is not necessary.**

Types of Activities:

- **Leading horses (those with horse experience only).**
- **Assist riders with grooming and tacking horses.**
- **Walking beside riders when they are mounted.**
- **Taking care of equipment.**
- **Cleaning stalls/stable, facility maintenance, and other barn chores.**
- **Assisting with feeding horses.**
- **Assisting with special events.**
- **Helping out in the office.**
- **Committees.**

Junior Volunteers (10 to 12) can help with barn chores and preparing horses for classes.* Junior Volunteer Training is Saturday, June 7, 9:00 a.m. - 11:00 a.m.* Dress comfortably and weather appropriately. Shoes that you can jog in are also a must!

For more information: www.rideatstar.org or 865-988-4711.