



"How wonderful it is that nobody need wait a single moment before starting to improve the world." ~Anne Frank~



# STAR VOLUNTEER E-NEWS

## It's Hot!

We are in the "Dog Days of Summer" so remember to dress weather appropriate (within STAR's policy) and drink lots of fluids. Feel free to bring a water bottle or sport drink with you to STAR. You can leave it in the Volunteer Lounge or on the shelf in the grooming bays. It's a good idea to label your bottles and/or drinks. Please don't forget to take your water bottles with you and/or throw your bottles away in the recycling bin when you leave! Here is a little piece of trivia for you . . . To find out where the term "Dog Days of Summer" originated, click this link:

[http://en.wikipedia.org/wiki/Dog\\_Days](http://en.wikipedia.org/wiki/Dog_Days)

## State Horse Show!

The State Horse Show at STAR is fast approaching (Saturday, August 14th) and we will need many volunteers to help out!! We will break down the day into AM, PM and All Day shifts. When planning your day, keep in mind that we need more volunteers during the PM shift. Look for sign-ups in the next couple of weeks. Come out and support our riders; it's their time to shine!!!!



## Horse Highlights

Toby and Tilly are adjusting well to their new routine at STAR! They are still being trained, but hopefully we will be able to add them to our classes later this summer or just in time for the Fall Session. Flash and Hodie participated in the Farragut 4th of July Parade and were real troopers! They seemed to really enjoy the lime-light and didn't mind the helicopters flying over-head. As usual, they created quite a bit of excitement from the crowd!! Note: To keep our equine friends cool, the fans in the barn above the stalls will be on during the day. If you help with turn-out in the evenings, remember to turn the fans off before you leave. The switch is by Doodle's stall. Thanks!!

## Vol Forms

Returning Vols: your instructors will be handing out new forms for updating. Please return them ASAP! Make sure that you have a parental signature if needed!



## Hoofing & Hiking

Start planning **now** for STAR's Hoofing & Hiking. It's again at Dry Ridge Farms in Loudon on September 25th. Gather your friends, families, co-workers, etc. and come out to a beautiful farm and support STAR!!! More information to come!

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## Important Dates!

- Open House is Thursday, July 22nd from 6p to 8p.
- Horse Leaders Workshop: Saturday, August 7th from 1p to 3p.
- Summer Session ends, Friday, August 13th.
- State Horse Show at STAR is Saturday, August 14th.
- Tack Swap is Friday, August 20th.
- Lesson Volunteer Training is Saturday, August 21st from 9a to 1p.
- Junior Volunteer Training is Monday, August 23rd from 5p to 7p.

## Volunteer Tips!

- Make sure that fly masks are placed on the horses properly. Fasten the Velcro loosely on the left side under the throat. You should be able to fit two fingers between the Velcro and horse. For a standard fly mask, the horse's muzzle goes through the larger hole and the ears go through the smaller hole. This is a picture of a standard fly mask.
- Check the water buckets often; the horses may drink more during the day with the extreme heat. FYI: if the buckets are dirty, please empty, scrub and refill to 3/4 full. :)



## In The Spotlight!



Marilyn Mele



**Marilyn Mele** has been volunteering at STAR since September 2005. She volunteers in a wide range of capacities, i.e. Lesson Volunteer, Barn Helper, Special Events. Marilyn is an experienced Horse Leader and consistently volunteers session after session. She learned about STAR at a local Tack Swap and signed up to volunteer. Marilyn had always wanted to be a part of a therapeutic riding program ever since she learned of its existence. Marilyn says that her time at STAR has been and still is one of the most enjoyable times of her week!! Thank you Marilyn for your continued dedication to STAR! We are grateful to have you here!!



Questions or comments? E-mail us at [volcoord@rideatstar.org](mailto:volcoord@rideatstar.org) or call 865-988-4711.