

# SHANGRI-LA THERAPEUTIC ACADEMY OF RIDING ANNUAL REPORT 2009

## Board of Directors 2009

### Officers

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## STAR Staff

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Randi Roddy

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STAR's mission is to foster personal achievement by providing therapeutic experiences using horse related activities for persons with disabilities or other special challenges.

### Participants

STAR provided 4,565 hours of Equine Assisted Activities for 232 individuals in 2009. Participants included children and adults with physical, neurological and mental disabilities as well as individuals considered at risk. We introduced a new program this year, Interactive Vaulting. This involves one horse and up to eight participants, each taking turns completing gymnastic-type movements on the moving horse. Teamwork, motor planning, following directions, balance and core strength development challenge the riders with each turn.

### Participant Ages

Age	Number
4-5	30
6-10	61
11-18	89
19-30	28
31-50	21
51+	3

### Programs Offered

STAR offered the following programs: Therapeutic Riding, Interactive Riding, At-Risk Youth, Competition, Drill Team, Equine Assisted Learning, Developmental Vaulting, Hippotherapy, and Mental Health Services

### Counties Served

Our riders came from many counties throughout the East Tennessee region. The counties served in 2009 were: Anderson, Blount, Campbell, DeKalb, Fentress, Jefferson, Knox, Loudon, McMinn, Monroe, Roane and Sevier.

### Volunteers

In 2009, over 450 community members, ages ten to seniors, donated more than 13,256 hours of service. They assisted with lessons, horse care, fund raising, office duties and facility maintenance. This number does not reflect the many volunteer groups who came out to the facility for work days.

### Equines

STAR's herd of specialized horses represents many different breeds and range in size from 10 to 16.2 hands. All potential candidates are screened carefully for temperament, ability and soundness. With our program operating seven days a week, it is imperative that our horses be strong and healthy.

### 2009 Highlights

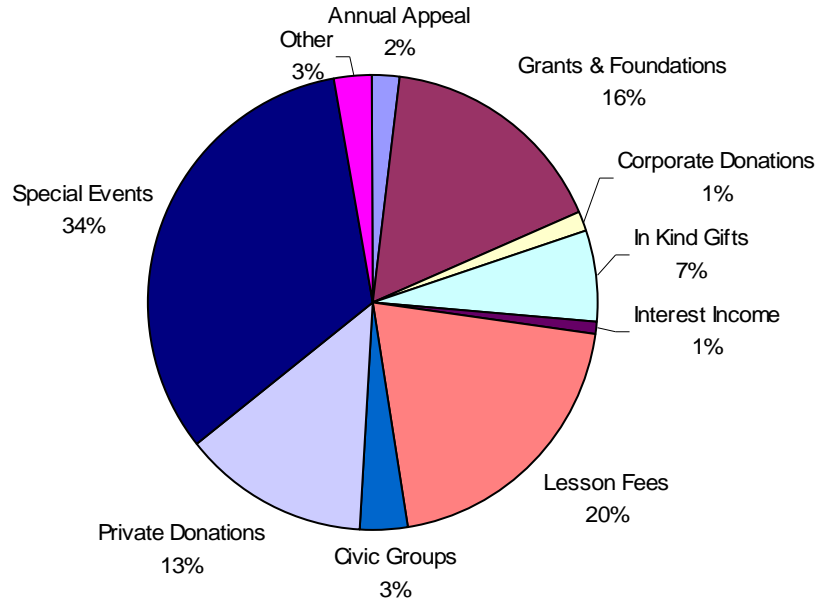
- ★ Hosted NARHA Region 5 Conference – over 150 in attendance from throughout the Southeast
- ★ Began Interactive Vaulting Program
- ★ Construction Projects Completed – Enclosure and stable for minis, closed in hay shed, trailer storage shed and cover for manure pit, completed gates at top and bottom of driveway, and installed fans and heaters in the barn and grooming areas
- ★ Hosted Loudon County Chamber of Commerce After Hours
- ★ Held six (6) clinics/workshops
- ★ Filmed Volunteer Training video, WVLT taping of Hippotherapy session
- ★ Formed the STAR Guild to assist with special events
- ★ Conducted twenty (20) speaking engagements



# 2009 Operating Financial Highlights\*

\*Unaudited Financial Statements

## Sources of Operating Funds for 2009



## Operating Expenses for 2009

