

Reflections

An outing for Alzheimer's patients and their caregivers

Bring your loved one to STAR for supervised social interaction and quality time with horses. Enrich their life through positive relationships and fun activities. Open to seniors being cared for in the home regardless of their physical abilities.

COVID-related health and safety guidelines will be observed.

Meeting every 1st and 3rd Monday of the month!

1-2pm at Shangri-La Therapeutic Academy of Riding (STAR)

11800 Highway 11E Lenoir City TN 37772



\$5 per participant, caregivers attend FREE

Please RSVP at least one week in advance for each outing:

Email: megan@rideatstar.org or **call:** (865)988-4711



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